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Adultitis Epidemic Sweeps Nation

Do you have it and not even know it?

A debilitating condition has its stranglehold on a growing number of unsuspecting citizens, and its effects are dangerously destructive. Adultitis can occur in anyone over the age of 18, and is marked by chronic discontentment with life, mild depression, very high stress levels, and in some extreme cases, the inability to laugh or smile.

Kim and Jason Kotecki are a couple from Madison, Wisconsin who have been traveling the country on a crusade to wipe out the dangerous disease. They have launched an informative website (www.Adultitis.org) dedicated to increasing awareness while providing diagnosis and treatment of the sinister epidemic that, according to the couple, makes the Black Death look like a trip to Disneyland.

“The remedy to Adultitis is a constant renewing of the time-tested principles we knew so well as children,” says Jason Kotecki, cartoonist, speaker, and author of *Escape Adulthood: 8 Secrets from Childhood for the Stressed-Out Grown-Up*. “It’s not about paying bills with Monopoly money or consuming a strict diet of chicken nuggets. There are certain traits that we all possessed as children that can be dusted off and put back into practice, no matter how ‘grown-up’ we become. Children have a simple faith. They dream big. They delight in the little things. Many of us have forgotten these ideals, and they have left us jaded and stressed-out.”

The website offers information about Adultitis along with warning signs, treatment plans, and a comprehensive intake designed to diagnose your current level of the disease. For a fun interview with Kim and Jason and more info about Adultitis, call Kim at 608-843-9880.

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